



Crisis service planning, access, & advocacy

“How to Find and Plan for Crisis
Services”

February 29, 2008



Legislative Requirement

Plans had to address the following components:

- *24-hour crisis telephone lines,*
- *walk-in crisis services,*
- *mobile crisis outreach,*
- *crisis respite/residential services,*
- *23-hour beds,*
- *facility-based crisis services*
- *detoxification services*
- *in-patient hospitalization, and*
- *transportation.*



Additional Appropriations

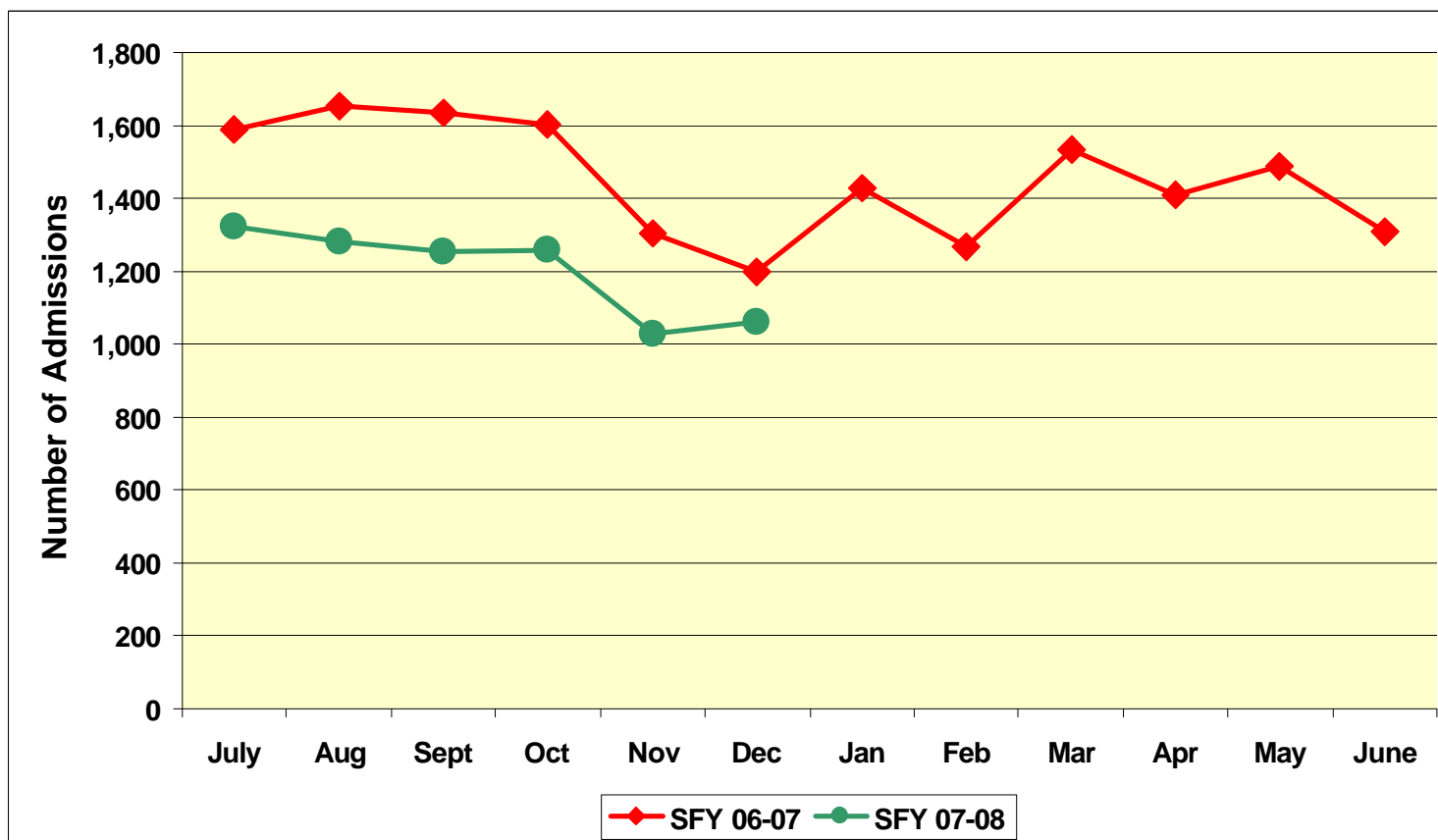
- \$5,250,000 one time crisis service start-up funds, were appropriated in SFY 06-07.
- \$7,000,000 recurring funds for crisis service were appropriated in SFY 06-07.
- Existing mental health funds were realigned and appropriated for SFY 07-08 to provide \$13,737,856 recurring funds for implementation of crisis plans.



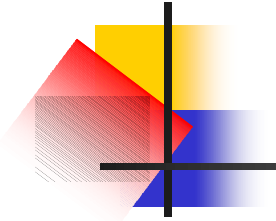
Crisis Service System Plans

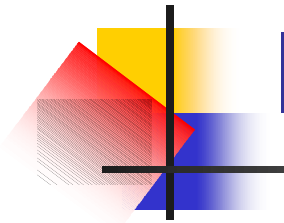
- LMEs developed crisis plans and submitted them by 3/1/07
- Plans were reviewed and when approved start-up funding was allocated to LMEs
- All of the LMEs have taken steps to implement their plans by identifying additional service providers and by increasing the capacity and effectiveness of current services.

State Hospital Admissions



Tracking Progress

- 
- How funds are being used
 - Location and capacity of specific services
 - Number of people receiving crisis services
 - State hospital admissions
 - Remaining gaps in crisis service capacity and plans to fill these needs



Implementation Activities

- LMEs are continuing to implement crisis plans by expanding capacity of some current providers of crisis services. Initial emphasis primarily on reducing admissions to state hospitals.
- No community yet has all of the types of services needed to fill gaps in services such as appropriate crisis services for people with developmental disabilities.



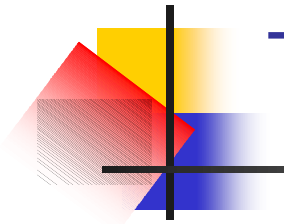
Division's Strategic Plan 2007-2010

- A Major Objective is to continue development of comprehensive crisis services



Meeting Needs will require:

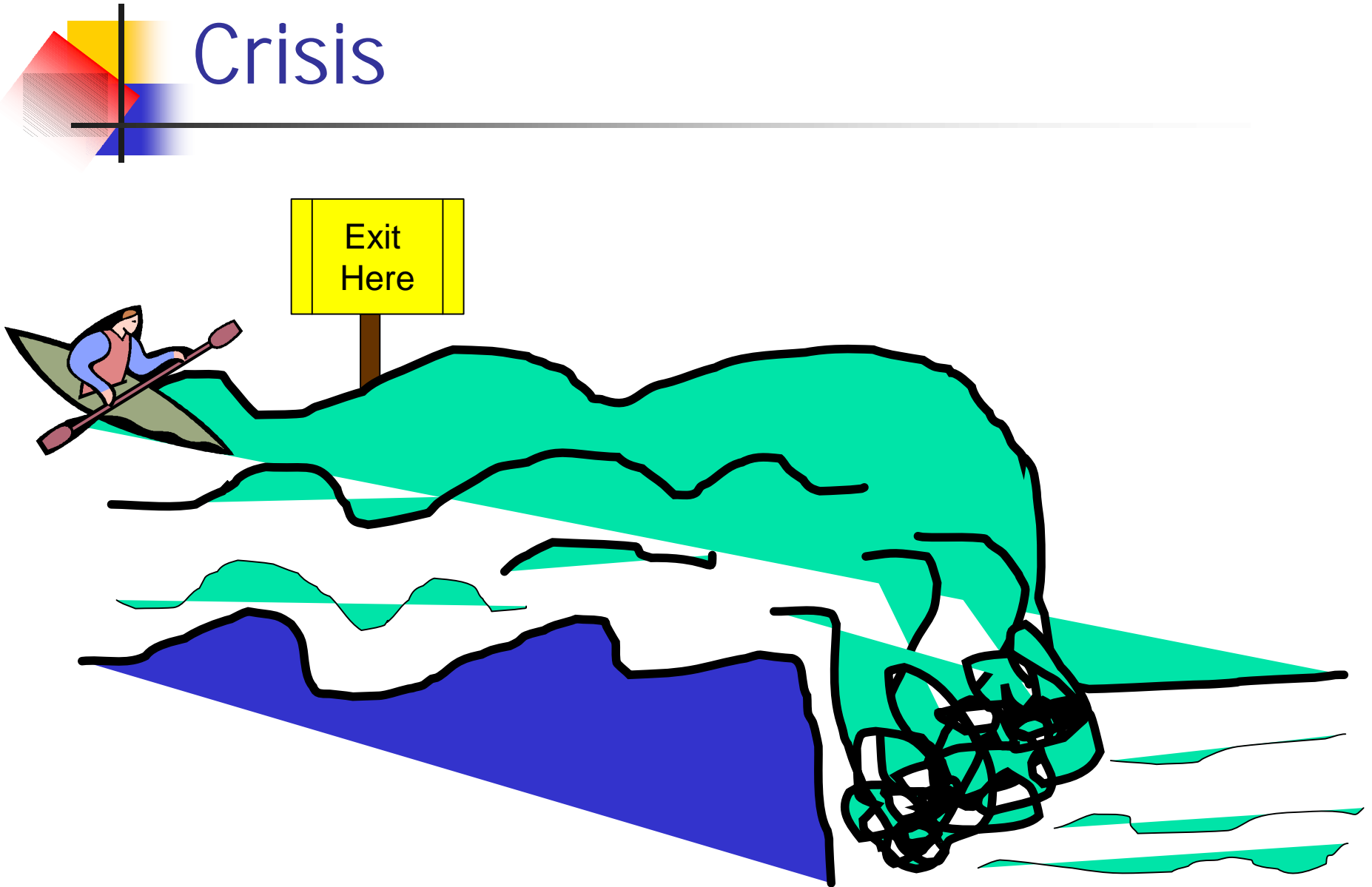
- Participation by CFACs and consumers and families at all levels regarding how to access services and to advocate for appropriate use of resources, and
- Participation by consumers and families in crisis planning at all levels, including the development of individual crisis plans that focus on prevention, early intervention in addition to acute intervention and crisis treatment.



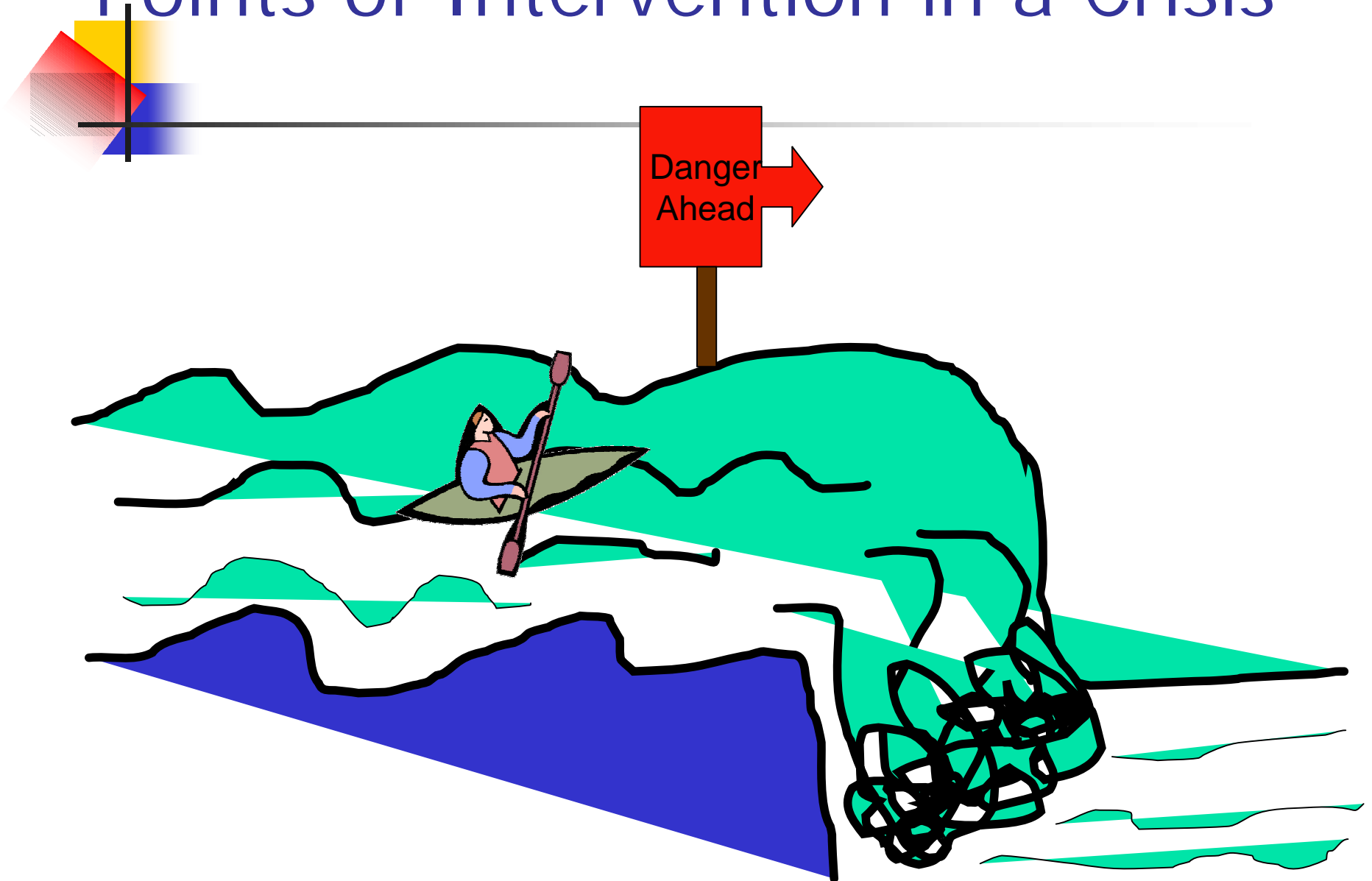
The Crisis Continuum

1. Prevention
2. Early Intervention
3. Acute Intervention
4. Crisis Treatment
5. Recovery and Reintegration

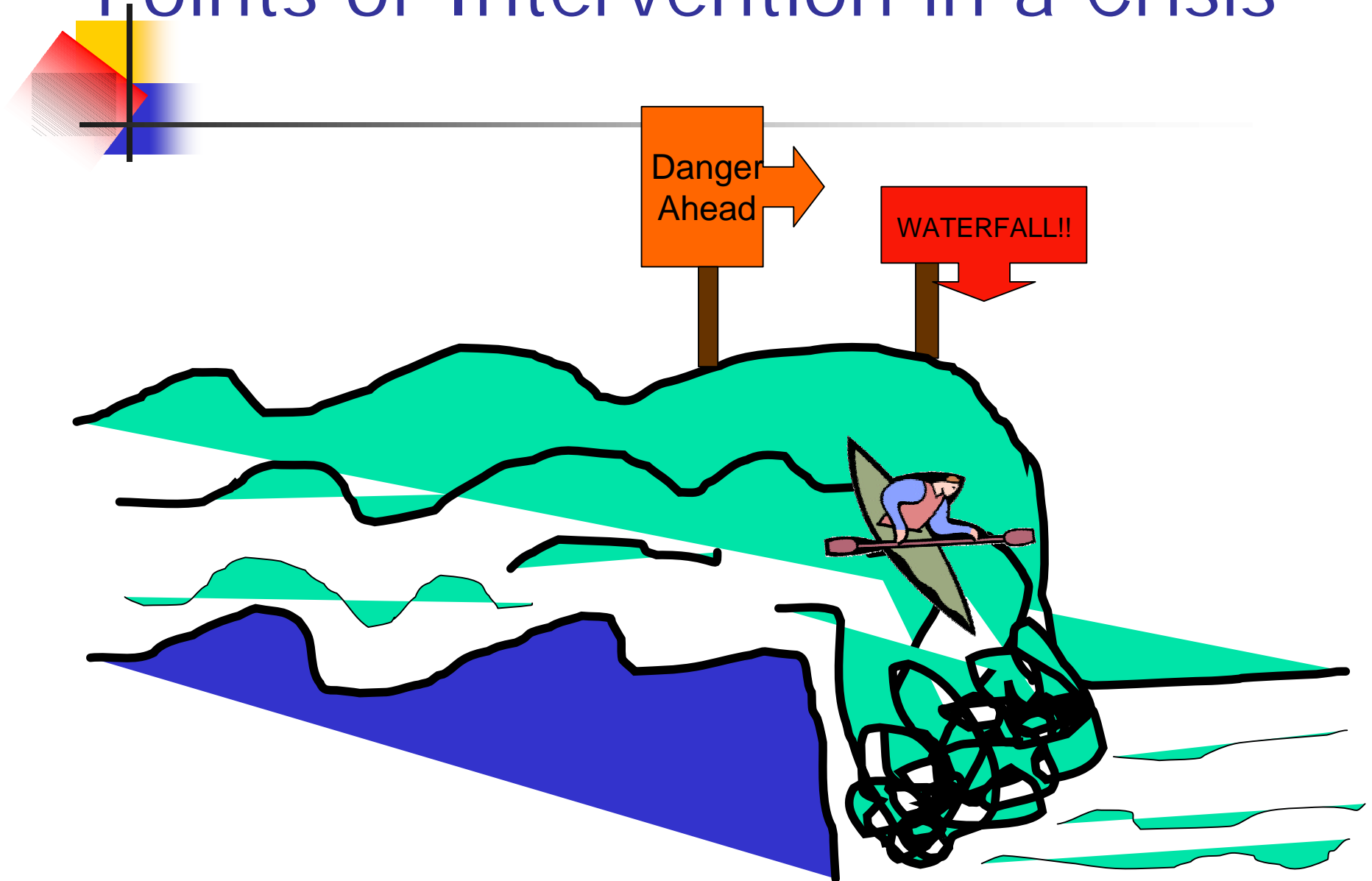
Points of Intervention in a Crisis



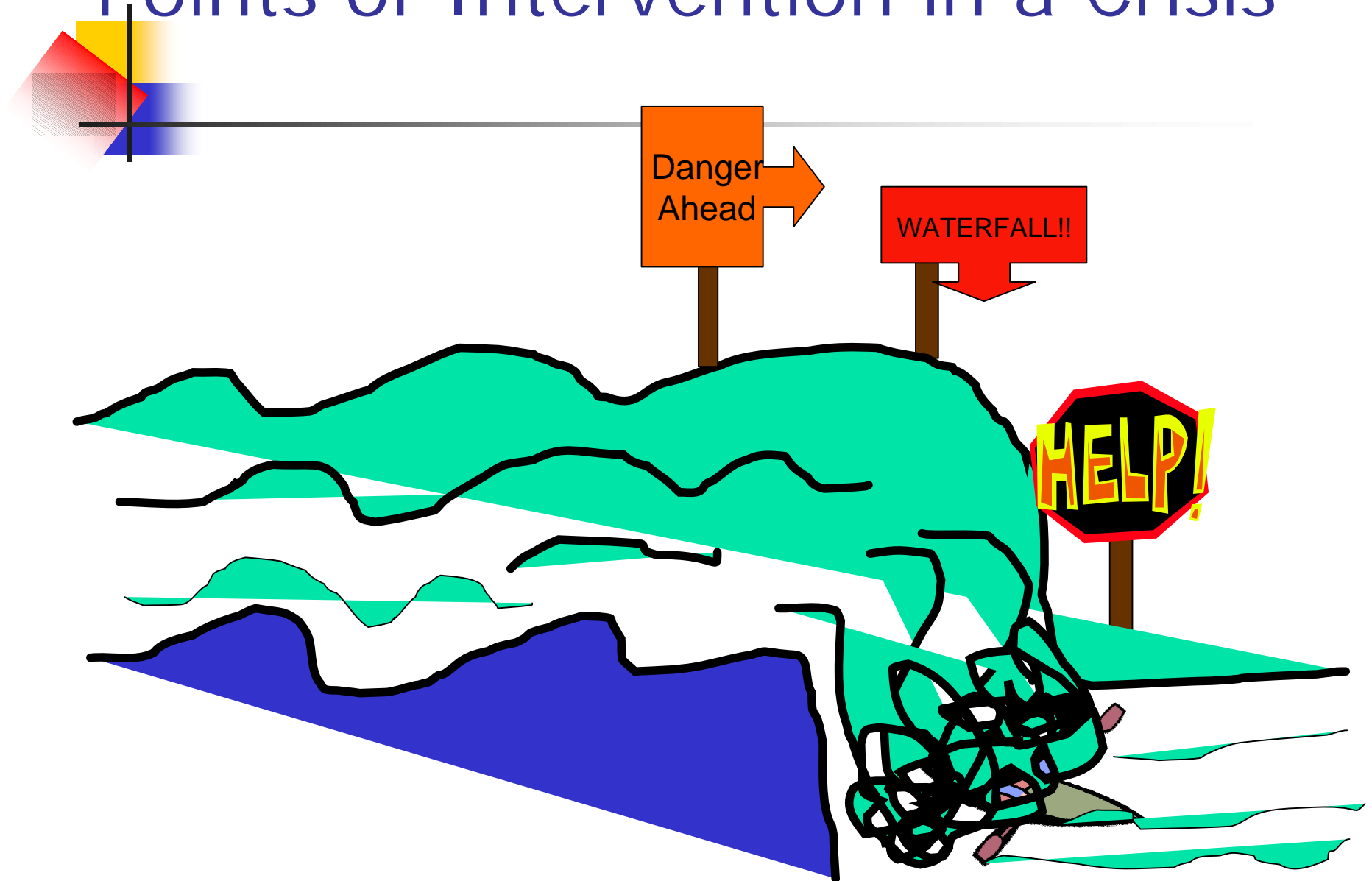
Points of Intervention in a Crisis



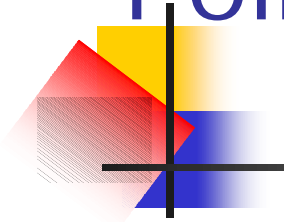
Points of Intervention in a Crisis



Points of Intervention in a Crisis



Points of Intervention in a Crisis





Implementation of Effective Local Crisis Service Systems

- An effective crisis system requires input and involvement by consumers and family members
- The implementation of specific crisis services is necessary but not sufficient to attain a comprehensive crisis continuum.
- The crisis services must be part of an integrated system with clear clinical pathways and points of authority and accountability and have the support of the MHDDSAS system and other parallel systems (health, criminal justice, housing, etc.)



Consumer/Family Involvement

- As consumers and family members the first step of your involvement in crisis services begins with your or your family members person centered plan
- Each person centered plan is required to include a personalized crisis plan
- Consumers and families should also be involved in monitoring the implementation of the LME Crisis Plan



Crisis Prevention/Crisis Response

- Crisis prevention is the section of the person centered plan that is proactive and aimed at preventing a crisis
- Crisis response is the section of the person centered plan that is reactive and include supports/interventions to be used in the event of a crisis



Things to think about when developing crisis plan

- What the crisis might look like?
- Who will consider it a crisis?
- How to stay calm and lend strength to those handling the situation
- What positive skills the person has that can be used in a crisis



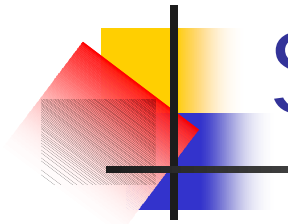
How to use the plan

- After crisis it is key that all involved meet to discuss the situation and how well the crisis plan worked
- This is the time to make changes to the document



LME Crisis Services Plan

- Make sure that you have seen a copy of the LME Crisis Plan
- Ask questions about what is in the plan and why
- Suggest things that may be missing from the plan
- Ask for updates at least quarterly in progress towards implementation of plan



Services Available in your Area

- Ask the LME for a copy of the service continuum in your area
- Make sure you understand the access points for each service